



**MTU**

Ollscoil Teicneolaíochta na Mumhan  
Munster Technological University

# Enabling Academic Transitions through Professional Development (EAT-PD)

Professional Development Opportunities  
for New and Early Career Staff



*Are you relatively new to teaching, less than 3 years, and interested in exploring different teaching strategies to enhance your students' learning experience?*

### Who is this programme for?

**MTU and early career staff who have been teaching for 3 years or less (or some equivalent) and are interested in:**

- Developing their competencies in the classroom
- Integrating proven, high quality teaching strategies into their regular teaching practice
- Improving their teaching practice using feedback from students and peers, self-reflection and through engagement with the literature
- Developing a personal understanding of what is meant by “student-centred learning”

### How long will it take?

- EAT-PD runs for 15 weeks over a single semester on Thursdays from 13:00 – 14:00
- Successful applicants will have their **assigned teaching load reduced by 1 hour for 15 weeks** (once approved by Head of Department / Function).

### What is in it for you?

- An opportunity to enhance your teaching and learning practice through structured learning activities and informal discussions with colleagues
- An opportunity to build your professional network by meeting and working with early career staff from across the university

# EAT-PD Structure

<b>Week No.</b>	<b>Proposed Topic</b>
Week 1	<b>Introduction &amp; Pre-course Self-Assessment</b>
Week 2	<b>Self-Reflection</b>
Week 3	<b>Confidence Building: Learning With &amp; From Others</b>
Week 4	<b>Gathering Evidence: Planning &amp; Making Sense of Feedback</b>
Week 5	
Week 6	<b>Professional Development: Introduction to teaching strategies with a focus on 'Active Learning'</b>
Week 7	
Week 8	<b>Implementint New Teaching Strategies</b>
Week 9	
Week 10	
Week 11	<b>Reflect and Take-Home Messages</b>
Week 12	<b>Discussions to facilitate completion of Reflection</b>
Week 13	
Week 14	<b>Feedback on EAT PD &amp; Suggestions for further engagement</b>
Week 15	<b>Course Completed – EnTICE Badge Issued</b>

## Further Information:

Please contact:

- Dr Eileen O’Leary ([eileenm.oleary@mtu.ie](mailto:eileenm.oleary@mtu.ie)) - Course Coordinator
- Marese Bermingham ([marese.bermingham@mtu.ie](mailto:marese.bermingham@mtu.ie)) - Head:
  - Teaching and Learning Unit (TLU)
  - AnSEO - The Student Engagement Office
  - Arts Office
- TLU Team ([tlu\\_team@mtu.ie](mailto:tlu_team@mtu.ie)) or visit the [TLU website](#)

### Testimonials:

*“This course has been so worthwhile and I am glad I signed up to it. The strategies and tools it provided will be very helpful in my work going forward.”*

Past Participant

*“I would definitely recommend the course to my colleagues. I think it could be a mandatory part of induction where a 1-hour allocation is put aside for early lecturers.”*

Past Participant

*“I intend to incorporate an active learning tool in every lecture to encourage student engagement. I would also seek feedback more and use this to reflect and inform delivery and assessment going forward.”*

Past Participant

*“What was most enjoyable was being in a space with other lecturers in a similar situation and finding we share similar experiences. It is reassuring to have the support of colleagues.”*

Past Participant